

NSS : National Service Scheme

Symbol of NSS

It is inspired from the Rath wheel of the Konark Sun Temple in Orissa. The giant wheels of Sun Temple portray the cycle of creation, preservation and release and movement of life across time and space. The Symbol of NSS is the Wheel of the sun chariot which signifies the progressive cycle of life



Significance of features of NSS badge

WHEEL

There are 24 wheels in the Rath of Sun Temple in Konark. Each wheel has eight bars which represents 8 pahars of the day.

This is a reminder that the volunteers are ready to serve the nation round the clock

(24 hours = 8 pahars)

RED COLOUR

The red colour indicates that the volunteers are full of blood i.e. lively, active and spirited.

NAVY BLUE

It represents that NSS is a tiny part of the cosmos ready to contribute its share for the welfare of mankind.

Sponsors of NSS

Sponsored by Ministry of Human Resources Department,
Department of Youth affairs and sports &
Government of India for under-graduate students

NSS birth

Sept. 1969

During Gandhi Centenary year

In 4th Five year plan 1969-74

Motto of NSS

“NOT ME BUT YOU”

Goals and Objectives of NSS :

- Education through Community Service
- Development of personality of volunteers through Community service
- To kindle student's social consciousness
- To develop awareness and knowledge of social realities
- To develop concerns for well being of community, especially the weaker sections
- To gain skills in exercise of democratic leadership

NSS Participants

All institutes of higher learning e.g. universities and colleges

U.G. students Boys & Girls

Now, it has been extended to +2 level also

Aspects of NSS

- **Institutional Work** : Volunteers are sent to welfare agencies outside the campus.

Institutional Projects : Improvement of campuses, construction of playfields etc.

- **Rural Projects** ;
 - Eradication of illiteracy
 - Minor irrigation work
 - Agricultural operation
 - Promotion of health, hygiene and sanitation
 - Development of rural cooperatives
 - Construction of rural roads etc.

- **Urban Projects** :
 - Adult education
 - Welfare of Slum Dwellers
 - Training in civil defence
 - Setting up first-aid posts , Hospital Work etc.

To make education more relevant to the present scenario and meet the future needs of the community.

Providing opportunities to students to play their role in planning and executing development projects which would improve the quality of life of the economically and socially weak.

To develop leadership qualities among the youth.

To encourage youth to participate in national development and promote national integration through cooperative actions.

Financial Aspect of NSS

Central and State Govt. meet the total expenditure in the ratio of 7:5

Organisation and Administration of NSS

Three tier system consisting of

The center

The state

The University level Advisory Committee

The college unit is the Nucleus of NSS operation

Organisational Setup

- National Level
 - Ministry of Human Resources Development
 - Department of Youth Affairs and Sports
 - Ministry of State Youth Affairs and Sports
 - Secretary, Youth Affairs and Sports
 - Joint Secretary, Youth Affairs
 - Programme Advisor (Programme Cell)
- State Level
 - University Advisory Committee-State liaison Officer (State Liaison Cell)
- University Level
 - University Advisory committee-program coordination (NSS University cell)
- College Level
 - College Advisory Committee-Principal/Programme Officer

The scheme is looked after by the Joint Secretary assisted by Deputy Secretary under other staff of the Ministry of Education and Culture.

The implementation of the scheme is guided and coordinated by the Programme Advisor.

The Size of NSS unit should be 100 students.

Though in special cases smaller groups can be formed.

Obligation of Volunteers

Putting 120 hours of service each year

Of which 20 hrs - Orientation (8 hrs for general and 12 hrs for specific orientation)

Participating in one Special Camping Programme

They have to put in 120 hours of social work in a year for continuous period of 2 years

For the first year for pre-placement orientation programme :

General Orientation	:	2 hours
Special Orientation	:	8 hours
Programme Skill Learning	:	10 hours

Duties of Student Volunteer

1. To establish rapport with people in the project area.
2. Identify need, problems and resources of the community
3. Plan programmes and carry out plans
4. Relate their learning experience towards finding solutions
5. Record activities in work diary and assess progress periodically and its effect changes

Code of Conduct For NSS students :

1. All volunteers work under the guidance of group leader selected by Programme Officer
2. They shall scrupulously avoid any controversial issues
3. They shall make themselves worthy of confidence and cooperation of the group/community leadership.

4. They shall keep their diary updated with activities and experiences and submit to Group Leader for periodic guidance.
5. Wear an NSS badge while at work.

Youth Welfare Programmes

College Level

- National Cadet Corps
- National Service Scheme
- Planning Forms
- Nations Service Volunteers Scheme (for Graduates)
- National Integration Samities
- Women's Development Centers
- National Literacy Mission

School Level

- Junior National Cadet Corps
- Scouting and Guiding
- Aurobindo Bal Kendras

NCC and NSS

NCC was the first programme conceived on the eve of Independence with the primary goal of inculcating leadership qualities through a systematic programme of elementary military training, general education and camps. It is a shared scheme between Ministry of Defence and State Education Department

NSS was conceived as an alternative to the NCC Programme at college stage. This programme main objective is organizing various camps and educating people for the benefit of the community

Adoption of Village

Adoption of village is a programme by NSS where it can better concentrate its attention on one village or rural unit and take up the challenging task of its all round development.

Adoption of Slums

Due to rapid urbanization and overcrowding, lack of hygiene and other basic civic amenities and social services occur in slums.

Slums in towns and cities offer a micro sample of all the socio economic problems that we face today.

Some ways in which students can help :

As community Investigators : Create a brief profile of slums indicating different amenities services and living conditions.

As community Workers ; Identifying local leaders and discussing the problems and actions which can be undertaken

As Programme Aids : By launching some programs such as free milk distribution centers, sanitization drive, health and nutrition classes, free legal aids etc.

NSS Day

24th September

Blood Donation Camp - Main activity

Important Dates

ANNUAL ACTIVITES CALENDER		
DIFFERENT AUSPICIOUS DAYS FOR ALL NSS UNITS.		
No.	Occasion	Date & Month
1.	National Youth Day	12th January
2.	National Youth Week	12th to 19th January
3.	N.S.S. Day	15th January ✓
4.	Republic Day	26th January
5.	Women's Day	8th March
6.	World Forest Day	21st March
7.	World Health Day	7th April
8.	Fire Prevention Day	14th April
9.	May Day/Labour Day	1st May
10.	Nutrition Week	1st to 7th May
1.	World Environment Day	5th June
2.	Vanamahotsav Week	1st to 7th July
3.	World Population Day	11th July
4.	Campaign against nuclear weapons	6th August
5.	Independence Day	15th August
6.	Teacher's Day	5th September
7.	International Literacy Day-Week	8th to 14th Sept.
8.	N.S.S. Foundation Day	24th Sept.
9.	Gandhi Jayanti	2nd October
10.	World Food Day	16th October
1.	U.N.O. Day	24th October
2.	Traffic Week	24th to 30th Oct
3.	Saving day/National Integration Day	31st October
4.	Children's Day	14th November
5.	Mother's Day	19th November
6.	Quami Ekta Week	19th Nov. to 25th Nov
7.	Weaker Section Day	22nd November
8.	World AIDS Day	1st December
9.	International Volunteer's Day	5th December
10.	Human Rights Day	10th December